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# Top Down Sock Pattern

## Standard & Ankle Length – Twisted Stockinette Stitch

### Décor Accents, Inc. Sock Loom EFG 5"

This pattern is written for a standard length sock with changes for ankle length in parentheses. When only one number is given, it applies to both lengths. If you are not familiar with reading knitting patterns or charts, please see [Reading Pattern & Charts](#).

#### Tips

- ◆ Place a stitch marker on every 4<sup>th</sup> stitch starting with the first stitch (1, 5, 9, 13, etc.). This will help you keep track of where you are in the stitch pattern and will also help you split the stitches for working the heel and toe. If possible, use the same color stitch markers for the first half of the loom and a different color for the last half. This will help you differentiate between heel and toe.
- ◆ Use a row counter. There are many different kinds of row counters available, all of which are inexpensive. The cheapest is using pencil and paper.
- ◆ Any [stitch pattern](#) that has the following number of stitch repeats can be used as the main stitch pattern: 2, 3, 4, 6, 9, and 12, 18. If your stitch pattern has more than one row, make sure you divide the number of total rows where the stitch pattern is to be placed (cuff, leg & ankle and instep of foot) by the number of rows in the stitch pattern to determine placement. Use a single stitch stitch pattern such as Twisted [St st](#) for the heel, turn heel, sole of foot, toe and turn toe. If you use a difference stitch pattern than specified in the pattern information below, remember to adjust for the [gauge difference](#). For more information on stitch patterns, see [Notes](#).
- ◆ If you aren't keeping a Knitting Journal, start! It will help you keep track of where you are in patterns, issues you have dealt with and how, gauges for yarn/loom combinations, yarn substitution information and anything else you think will help you on your knitting journey.
- ◆ All links bring you to an explanation on [Loom Knitting Help](#).

#### Pattern Information

Style: Top Down (Cuff to Toe)

Length: (Ankle) Standard

Gauge: 7 stitches, 10 rows per inch using Twisted [St st](#)

Loom: [Décor Accents, Inc.](#) EFG Sock Loom 5"

Yarn: Sock weight yarn

Estimated Yardage: (159) 188 yards

Stitch Pattern: Twisted [St st](#) (using the [knit tbl \(e-wrap\) stitch](#))

[Short Row](#) Method to [avoid holes](#): [Catch, Over and Tie \(Wrap\) method](#): Mix or match



#### Abbreviations Used

BOR	Beginning of Row	rnds	Rounds	St st	Stockinette Stitch
K	Knit	Sl	Slip	tbl	Through the Back Loop
P	Purl	SSK	Slip Slip Knit	tog	Together
R	Row	st, sts	Stitch, Stiches	YO	Yarn Over



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### **Cast-on**

Cast on 36 sts loosely.

### **Cuff**

Work cuff in Twisted [St st](#) for 10 rnds. [1"] End at BOR.

### **Leg**

Work in leg Twisted [St st](#) for (16) 46 rnds. [(2.5") 5.5" from cast-on edge] End at BOR.

### **Ankle Section**

Work 8 rnds even in Twisted [St st](#) pattern. End at BOR.

### **Heel, Turn Heel & Gusset**

Choose one of the Heels, Turn Heels and Gussets below. Whichever method chosen to avoid holes must match between the three.

#### *Heel using Catch Method*

Work [short rows](#) in Twisted [St st](#). There is a [catch](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

R1: [K tbl](#) 18, turn. (Pegs 1-18)  
R2: [Sl](#) 1, [K tbl](#) 17, turn. (Pegs 18-1)  
R3: [Sl](#) 1, [K tbl](#) 16, turn. (Pegs 1-17)  
R4: [Sl](#) 1, [K tbl](#) 15, turn. (Pegs 17-2)  
R5: [Sl](#) 1, [K tbl](#) 14, turn. (Pegs 2-16)  
R6: [Sl](#) 1, [K tbl](#) 13, turn. (Pegs 16-3)  
R7: [Sl](#) 1, [K tbl](#) 12, turn. (Pegs 3-15)  
R8: [Sl](#) 1, [K tbl](#) 11, turn. (Pegs 15-4)  
R9: [Sl](#) 1, [K tbl](#) 10, turn. (Pegs 4-14)  
R10: [Sl](#) 1, [K tbl](#) 9, turn. (Pegs 14-5)

#### *Turn Heel using Catch Method*

Continue working in Twisted [St st](#) and use the [Catch method](#) to [avoid holes](#). The [Catch](#) is worked through the back loop. There is a [catch](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

R1: [Sl](#) 1, [K tbl](#) 7, [Catch](#) tbl, turn. (Pegs 5-13, [Catch](#) at peg 13 tog with peg 14)  
R2: [Sl](#) 1, [K tbl](#) 6, [Catch](#) tbl, turn. (Pegs 13-6, [Catch](#) at peg 6 tog with peg 5)  
R3: [Sl](#) 1, [K tbl](#) 7, [Catch](#) tbl, turn. (Pegs 6-14, [Catch](#) at peg 14 tog with peg 15)  
R4: [Sl](#) 1, [K tbl](#) 8, [Catch](#) tbl, turn. (Pegs 14-5, [Catch](#) at peg 5 tog with peg 4)  
R5: [Sl](#) 1, [K tbl](#) 9, [Catch](#) tbl, turn. (Pegs 5-15, [Catch](#) at peg 15 tog with peg 16)  
R6: [Sl](#) 1, [K tbl](#) 10, [Catch](#) tbl, turn. (Pegs 15-4, [Catch](#) at peg 4 tog with peg 3)  
R7: [Sl](#) 1, [K tbl](#) 11, [Catch](#) tbl, turn. (Pegs 4-16, [Catch](#) at peg 16 tog with peg 17)  
R8: [Sl](#) 1, [K tbl](#) 12, [Catch](#) tbl, turn. (Pegs 16-3, [Catch](#) at peg 3 tog with peg 2)  
R9: [Sl](#) 1, [K tbl](#) 13, [Catch](#) tbl, turn. (Pegs 3-17, [Catch](#) at peg 17 tog with peg 18)  
R10: [Sl](#) 1, [K tbl](#) 14, [Catch](#) tbl, turn. (Pegs 17-2, [Catch](#) at peg 1 tog with peg 2)  
R11: [Sl](#) 1, [K tbl](#) 15, [Catch](#) tbl with last st (instead of next), turn. (Pegs 2-18, [Catch](#) at peg 18 tog with peg 17)  
R12: [Sl](#) 1, [K tbl](#) 16, [Catch](#) tbl with last st (instead of next), turn. (Pegs 18-1, [Catch](#) at peg 1 tog with peg 2)



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### *Gusset using Catch Method*

Work in [St st](#) to the last heel st and then work a [Catch](#) tbl at last heel st (peg 18) tog with base of instep (peg 19). Work across the instep sts in [St st](#) to the last st and then work a [Catch](#) tbl at last instep st (peg 36) tog with base of first heel st (peg 1). [36 sts total] BOR.

### *Heel Using Over Method*

Work [short rows](#) in Twisted [St st](#). The wrap from the [YO](#) always moves to the peg in the opposite direction you are working: if you work an odd row (R-L), move the wrap to the right; if you work an even row (L-R), move the wrap to the left. Some pegs have three wraps on them, others two. There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

R1: [K tbl](#) 17, turn. (Pegs 1-17)  
R2: [YO](#), [K tbl](#) 16, turn. (Pegs 17-1)  
R3: [YO](#), [K tbl](#) 15, turn. (Pegs 1-16)  
R4: [YO](#), [K tbl](#) 14, turn. (Pegs 16-2)  
R5: [YO](#), [K tbl](#) 13, turn. (Pegs 2-15)  
R6: [YO](#), [K tbl](#) 12, turn. (Pegs 15-3)  
R7: [YO](#), [K tbl](#) 11, turn. (Pegs 3-14)  
R8: [YO](#), [K tbl](#) 10, turn. (Pegs 14-4)  
R9: [YO](#), [K tbl](#) 9, turn. (Pegs 4-13)  
R10: [YO](#), [K tbl](#) 8, turn. (Pegs 13-5)

### *Turn Heel using Over Method*

Continue working in Twisted [St st](#) and use the [Over method](#) to [avoid holes](#). This time you will pick up the wraps from the [YO](#) and work as noted. A K3tog is worked like a [K2tog](#) except with three wraps on the peg. There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

R1: [YO](#), [K tbl](#) 8, [K2tog tbl](#), turn. (Pegs 5-14)  
R2: [YO](#), [K tbl](#) 9, [K2tog](#), turn. (Pegs 14-4)  
R3: [YO](#), [K tbl](#) 10, K3tog tbl, turn. (Pegs 4-15)  
R4: [YO](#), [K tbl](#) 11, K3tog, turn. (Pegs 15-3)  
R5: [YO](#), [K tbl](#) 12, K3tog tbl, turn. (Pegs 3-16)  
R6: [YO](#), [K tbl](#) 13, K3tog, turn. (Pegs 16-2)  
R7: [YO](#), [K tbl](#) 14, K3tog tbl, turn. (Pegs 2-17)  
R8: [YO](#), [K tbl](#) 15, K3tog, turn. (Pegs 17-1)  
R9: [YO](#), [K tbl](#) 16, K3tog tbl, turn. (Pegs 1-18)  
R10: [YO](#), [K tbl](#) 17, K3tog, turn. (Pegs 18-36)

### *Gusset using Over Method*

Work a [YO](#) and then in Twisted [St st](#) to the last heel st. [K2tog tbl](#) at first instep stitch (peg 19) and then continue in Twisted [St st](#) until last instep stitch and work a [SSK tbl](#) at last instep stitch (peg 36) with wrap from [YO](#). [36 sts total] BOR.

### *Heel using Tie (Wrap) Method*

Continue working in Twisted [St st](#) and use the [Tie \(Wrap\) method](#), method 2 to [avoid holes](#) by tying (wrapping) the peg next to the last stitch knit. There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.



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- R1: [K tbl](#) 16, [Tie](#) next st, turn. (Pegs 1-16, [Tie](#) peg 17)
- R2: [K tbl](#) 14, [Tie](#) next st, turn. (Pegs 16-3, [Tie](#) peg 2)
- R3: [K tbl](#) 13, [Tie](#) next st, turn. (Pegs 3-15, [Tie](#) peg 16)
- R4: [K tbl](#) 12, [Tie](#) next st, turn. (Pegs 15-4, [Tie](#) peg 3)
- R5: [K tbl](#) 11, [Tie](#) next st, turn. (Pegs 4-14, [Tie](#) peg 15)
- R6: [K tbl](#) 10, [Tie](#) next st, turn. (Pegs 14-5, [Tie](#) peg 4)
- R7: [K tbl](#) 9, [Tie](#) next st, turn. (Pegs 5-13, [Tie](#) peg 14)
- R8: [K tbl](#) 8, [Tie](#) next st, turn. (Pegs 13-6, [Tie](#) peg 5)
- R9: [K tbl](#) 7, [Tie](#) next st, turn. (Pegs 6-12, [Tie](#) peg 13)
- R10: [K tbl](#) 6, [Tie](#) next st, turn. (Pegs 12-7, [Tie](#) peg 6)

### *Turn Heel using Tie (Wrap) Method*

Continue working in [St st](#) and pick up the [Ties](#) worked in the heel by working a [K2tog](#) or [K2tog tbl](#). There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

- R1: [K tbl](#) 6, [K2tog tbl](#) with [Tie](#), turn. (Pegs 7-13)
- R2: [Sl](#) 1, [K tbl](#) 6, [K2tog](#) with [Tie](#), turn. (Pegs 13-6)
- R3: [Sl](#) 1, [K tbl](#) 7, [K2tog tbl](#) with [Tie](#), turn. (Pegs 6-14)
- R4: [Sl](#) 1, [K tbl](#) 8, [K2tog](#) with [Tie](#), turn. (Pegs 14-5)
- R5: [Sl](#) 1, [K tbl](#) 9, [K2tog tbl](#) with [Tie](#), turn. (Pegs 5-15)
- R6: [Sl](#) 1, [K tbl](#) 10, [K2tog](#) with [Tie](#), turn. (Pegs 15-4)
- R7: [Sl](#) 1, [K tbl](#) 11, [K2tog tbl](#) with [Tie](#), turn. (Pegs 4-16)
- R8: [Sl](#) 1, [K tbl](#) 12, [K2tog](#) with [Tie](#), turn. (Pegs 16-3)
- R9: [Sl](#) 1, [K tbl](#) 13, [K2tog tbl](#) with [Tie](#), turn. (Pegs 3-17)
- R10: [Sl](#) 1, [K tbl](#) 14, [K2tog](#) with [Tie](#), turn. (Pegs 17-32)

### *Gusset using Tie (Wrap) Method*

Work a [Slip](#) (peg 2) and then in [St st](#) through the last instep st (peg 36). [35 sts total] BOR.

## **Foot**

Continue working in rnds in [St st](#) until the foot measures 8" from base of heel. Complete the sts on bottom of the foot. Stop.

## **Toe & Turn Toe**

Choose one of the Toes and Turn Toes below. Whichever method chosen to avoid holes must match between the two however it does not have to match the method chosen for the Heel, Turn Heel and Gusset.

### *Toe using Catch Method*

The toe and turn toe are shaped the same way as the heel and turn heel: [short rows](#) in Twisted [St st](#) except it is worked over the last 18 sts instead of the first. There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

*The sole remains at rest. Work the instep sts only. [18 sts: pegs 19-36]*

- R1: [K tbl](#) 18, turn. (Pegs 19-36)
- R2: [Sl](#) 1, [K tbl](#) 17, turn. (Pegs 36-19)
- R3: [Sl](#) 1, [K tbl](#) 16, turn. (Pegs 19-35)
- R4: [Sl](#) 1, [K tbl](#) 15, turn. (Pegs 35-20)
- R5: [Sl](#) 1, [K tbl](#) 14, turn. (Pegs 20-34)



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- R6: [Sl](#) 1, [K tbl](#) 13, turn. (Pegs 34-21)  
R7: [Sl](#) 1, [K tbl](#) 12, turn. (Pegs 21-33)  
R8: [Sl](#) 1, [K tbl](#) 11, turn. (Pegs 33-22)  
R9: [Sl](#) 1, [K tbl](#) 10, turn. (Pegs 22-32)  
R10: [Sl](#) 1, [K tbl](#) 9, turn. (Pegs 32-23)

### Turn Toe using Catch Method

There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

- R1: [Sl](#) 1, [K tbl](#) 7, [Catch](#) tbl, turn. (Pegs 23-31, [Catch](#) at peg 31 tog with peg 32)  
R2: [Sl](#) 1, [K tbl](#) 6, [Catch](#) tbl, turn. (Pegs 31-24, [Catch](#) at peg 24 tog with peg 23)  
R3: [Sl](#) 1, [K tbl](#) 7, [Catch](#) tbl, turn. (Pegs 24-32, [Catch](#) at peg 32 tog with peg 33)  
R4: [Sl](#) 1, [K tbl](#) 8, [Catch](#) tbl, turn. (Pegs 32-23, [Catch](#) at peg 25 tog with peg 24)  
R5: [Sl](#) 1, [K tbl](#) 9, [Catch](#) tbl, turn. (Pegs 23-33, [Catch](#) at peg 34 tog with peg 35)  
R6: [Sl](#) 1, [K tbl](#) 10, [Catch](#) tbl, turn. (Pegs 33-22, [Catch](#) at peg 22 tog with peg 21)  
R7: [Sl](#) 1, [K tbl](#) 11, [Catch](#) tbl, turn. (Pegs 22-34, [Catch](#) at peg 34 tog with peg 35)  
R8: [Sl](#) 1, [K tbl](#) 12, [Catch](#) tbl, turn. (Pegs 34-21, [Catch](#) at peg 21 tog with peg 20)  
R9: [Sl](#) 1, [K tbl](#) 13, [Catch](#) tbl, turn. (Pegs 21-35, [Catch](#) at peg 35 tog with peg 36)  
R10: [Sl](#) 1, [K tbl](#) 14, [Catch](#) tbl, turn. (Pegs 35-20, [Catch](#) at peg 20 tog with peg 19)  
R11: [Sl](#) 1, [K tbl](#) 15, [Catch](#) tbl with last st (instead of next), turn. (Pegs 20-36, [Catch](#) at peg 36 tog with peg 35)  
R12: [Sl](#) 1, [K tbl](#) 16, [Catch](#) tbl with last st (instead of next), turn. (Pegs 36-19, [Catch](#) at peg 19 tog with peg 20)

### Toe using Over Method

The toe and turn toe are shaped the same way as the heel and turn heel: [short rows](#) in Twisted [St st](#) except it is worked over the last 18 sts instead of the first. There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

*The sole remains at rest. Work the instep sts only. [18 sts: pegs 19-36]*

- R1: [K tbl](#) 17, turn. (Pegs 19-35)  
R2: [YO](#), [K tbl](#) 16, turn. (Pegs 35-19)  
R3: [YO](#), [K tbl](#) 15, turn. (Pegs 19-34)  
R4: [YO](#), [K tbl](#) 14, turn. (Pegs 34-20)  
R5: [YO](#), [K tbl](#) 13, turn. (Pegs 20-33)  
R6: [YO](#), [K tbl](#) 12, turn. (Pegs 33-21)  
R7: [YO](#), [K tbl](#) 11, turn. (Pegs 21-32)  
R8: [YO](#), [K tbl](#) 10, turn. (Pegs 32-22)  
R9: [YO](#), [K tbl](#) 9, turn. (Pegs 22-31)  
R10: [YO](#), [K tbl](#) 8, turn. (Pegs 31-23)

### Turn Toe using Over Method

There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

- R1: [YO](#), [K tbl](#) 8, [K2tog tbl](#), turn. (Pegs 23-32)  
R2: [YO](#), [K tbl](#) 9, [K2tog](#), turn. (Pegs 32-22)  
R3: [YO](#), [K tbl](#) 10, [K3tog tbl](#), turn. (Pegs 22-33)  
R4: [YO](#), [K tbl](#) 11, [K3tog](#), turn. (Pegs 33-21)  
R5: [YO](#), [K tbl](#) 12, [K3tog tbl](#), turn. (Pegs 21-34)  
R6: [YO](#), [K tbl](#) 13, [K3tog](#), turn. (Pegs 34-20)  
R7: [YO](#), [K tbl](#) 14, [K3tog tbl](#), turn. (Pegs 20-35)



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R8: [YO](#), [K tbl](#) 15, K3tog, turn. (Pegs 35-19)  
R9: [YO](#), [K tbl](#) 16, K3tog tbl, turn. (Pegs 19-36)  
R10: [YO](#), [K tbl](#) 17, K3tog, turn. (Pegs 36-18)

### *Toe using Tie (Wrap) Method*

The toe and turn toe are shaped the same way as the heel and turn heel: [short rows](#) in Twisted [St st](#) except it is worked over the last 18 sts instead of the first. There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

*The sole remains at rest. Work the instep sts only. [18 sts: pegs 19-36]*

R1: [K tbl](#) 16, [Tie](#) next st, turn. (Pegs 19-34, [Tie](#) peg 35)  
R2: [K tbl](#) 14, [Tie](#) next st, turn. (Pegs 34-21, [Tie](#) peg 20)  
R3: [K tbl](#) 13, [Tie](#) next st, turn. (Pegs 21-33, [Tie](#) peg 34)  
R4: [K tbl](#) 12, [Tie](#) next st, turn. (Pegs 33-22, [Tie](#) peg 21)  
R5: [K tbl](#) 11, [Tie](#) next st, turn. (Pegs 22-32, [Tie](#) peg 33)  
R6: [K tbl](#) 10, [Tie](#) next st, turn. (Pegs 32-23, [Tie](#) peg 22)  
R7: [K tbl](#) 9, [Tie](#) next st, turn. (Pegs 23-31, [Tie](#) peg 32)  
R8: [K tbl](#) 8, [Tie](#) next st, turn. (Pegs 31-24, [Tie](#) peg 23)  
R9: [K tbl](#) 7, [Tie](#) next st, turn. (Pegs 24-30, [Tie](#) peg 31)  
R10: [K tbl](#) 6, [Tie](#) next st, turn. (Pegs 30-25, [Tie](#) peg 24)

### *Turn Toe using Tie (Wrap) Method*

There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

R1: [K tbl](#) 6, [K2tog tbl](#) with [Tie](#), turn. (Pegs 25-31)  
R2: [Sl](#) 1, [K tbl](#) 6, [K2tog](#) with [Tie](#), turn. (Pegs 31-24)  
R3: [Sl](#) 1, [K tbl](#) 7, [K2tog tbl](#) with [Tie](#), turn. (Pegs 24-32)  
R4: [Sl](#) 1, [K tbl](#) 8, [K2tog](#) with [Tie](#), turn. (Pegs 32-23)  
R5: [Sl](#) 1, [K tbl](#) 9, [K2tog tbl](#) with [Tie](#), turn. (Pegs 23-33)  
R6: [Sl](#) 1, [K tbl](#) 10, [K2tog](#) with [Tie](#), turn. (Pegs 33-22)  
R7: [Sl](#) 1, [K tbl](#) 11, [K2tog tbl](#) with [Tie](#), turn. (Pegs 22-34)  
R8: [Sl](#) 1, [K tbl](#) 12, [K2tog](#) with [Tie](#), turn. (Pegs 34-21)  
R9: [Sl](#) 1, [K tbl](#) 13, [K2tog tbl](#) with [Tie](#), turn. (Pegs 21-35)  
R10: [Sl](#) 1, [K tbl](#) 14, [K2tog](#) with [Tie](#), turn. (Pegs 35-20)

## Finishing

Bind off using the [Graft bind-off](#), Kitchener method. Weave in ends.

## Work second sock.



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### Notes

#### *Other Stitch Patterns*

The following are tips for working stitch patterns in rnds in each section. If you change the stitch pattern, be sure to check the gauge and change the pattern accordingly.

- ◆ *Cuff, Leg, Ankle*: The entire rnd can be worked in a different stitch pattern, e.g., [Single Rib st](#), [Double Rib st](#), [Moss st](#), [Purl Ridges st](#), and [Seed st](#). If you choose a stitch pattern that is made up of more than one row, remember to determine placement. It's not unusual to choose [Single Rib st](#) or [Double Rib st](#) for the cuff and a more elaborate stitch pattern for the leg and ankle.
- ◆ *Heel & Turn Heel*: Comfort is of greatest importance here so work in a single stitch stitch pattern such as Twisted [St st](#).
- ◆ *Gusset*: Comfort is of greatest importance for the sole so work sole in single stitch stitch pattern such as Twisted [St st](#) to the last heel st. [36 sts total] BOR.
  - ◆ *Catch*: Work a [Catch](#) tbl at the last heel st (peg 18) tog with base of the instep (peg 19). Work across the instep sts in the desired stitch pattern, such as those noted above. If this pattern has more than one row, pick up where the ankle left off. Then work a [Catch](#) tbl at the last instep st (peg 36) tog with the base of the first heel st (peg 1). The last [Catch](#) may need to be worked as [P](#) or another stitch depending upon stitch pattern chosen.
  - ◆ *Over*: The first instep stitch (peg 19) works two wraps together. This may need to be worked as a [K tbl](#) or [P](#) depending upon the desired stitch pattern, such as those noted above. If this pattern has more than one row, pick up where the ankle left off. Work across the instep sts in this stitch pattern through the second to last st. Then work a [SSK tbl](#) or [SSP](#) at the last instep st (peg 36), depending upon the stitch pattern.
  - ◆ *Tie (Wrap)*: The instep can be worked in the desired stitch pattern. If this pattern has more than one row, pick up where the ankle left off.
- ◆ *Foot*: As with gusset, comfort is of greatest importance in the sole so continue working in rnds in the following pattern (Sts 1-18 single stitch stitch pattern such as Twisted [St st](#); Sts 19-36 desired stitch pattern such as those noted above) until the foot measures 8.125" from base of heel. Complete the sts on bottom of foot. Stop.
- ◆ *Toe & Turn Toe*: Work in the same manner as Heel & Turn Heel.

#### *Chart*

For information on how to read charts, see [Reading Charts & Patterns](#). The chart on the following page is for the heel, turn heel, toe and turn toe as well as the gusset. Regardless of what stitch pattern you choose to use for this pattern, the heel, turn heel, toe and turn toe will stay this same for this loom if a [Catch](#) is worked to avoid holes. These sections will be different if a [Tie](#) or [Over](#) is chosen instead. Please see appropriate patterns for those methods. As noted above in the *Gusset* bullet point, the sole stitches will remain the same but the instep may change. The heel, turn heel, and gusset must use the same method to avoid holes as must the toe and turn toe but you may mix and match the methods between heel, turn heel & gusset and the toe and turn toe sections.

#### *Other Patterns*

Please see DA EFG 5 for more patterns for this loom. Patterns for other looms are available at Free Sock Patterns.

#### *Feedback & Requests*

Are welcome! Please contact [Loom Knitting Help](#).

Questions or Comments? E-mail [Rebecca Novelli](#).



## Loom Knitting Help

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### Catch Chart

The chart below is for the heel, turn heel, toe, and turn toe. For information on how to read charts, see [Reading Charts & Patterns](#).

		P E G N U M B E R																					
		19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	36		
		1	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18		
R O W	1	Kb	C	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	C	1	R O W
	12	SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	C		12	
	11	C	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI			11	
	10			SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	C			10	
	9				C	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI				9	
	8					SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	C				8	
	7						C	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI					7	
	6							SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	C				6	
	5								C	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI					5	
	4									SI	Kb	Kb	Kb	Kb	Kb	Kb	C					4	
	3										C	Kb	Kb	Kb	Kb	Kb	SI					3	
	2											SI	Kb	Kb	Kb	Kb	Kb	C				2	
	1												C	Kb	Kb	Kb	Kb	SI				1	
	10													SI	Kb	Kb	Kb	Kb	Kb	Kb		10	
	9														Kb	Kb	Kb	Kb	Kb	Kb	SI	9	
	8																SI	Kb	Kb	Kb	Kb	8	
	7																		SI	Kb	Kb	7	
	6																			SI	Kb	6	
5																				SI	5		
4																				SI	4		
3																				SI	3		
2																				SI	2		
1																				SI	1		
		1	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18		
		P E G N U M B E R																					

**Key**

#	Heel & Turn Heel Peg Number*
#	Toe & Turn Toe Peg Number*
#	Row Number
C	Catch Method coloring peg to take wrap from; work through the back loop
C	Catch Method coloring peg to take wrap from; work through the back loop
Kb	Knit tbl stitch
SI	Slip with yarn in back stitch

\* Gusset Sole = Pegs 1-18, the same as Heel & Turn Heel  
 Gusset Instep = Pegs 19-36, the same as Toe & Turn Toe

The top row of the Chart is the Gusset; a white line separates the Heel/Toe from the Turn Heel/Turn Toe.







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### Tie (Wrap) Chart

The chart below is for the heel, turn heel, toe, and turn toe. For information on how to read charts, see [Reading Charts & Patterns](#).

		P E G N U M B E R																																					
		19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	36																		
		1	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18																		
R O W	1	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI	Kb	Kb	1	R O W																
	10			SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	K2			10																	
	9			K2b	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI			9																	
	8				SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	K2			8																	
	7				K2b	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI			7																	
	6					SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	K2			6																	
	5					K2b	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI			5																	
	4						SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	K2			4																	
	3							K2b	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI			3																	
	2								SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	K2			2																	
1									K2b	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb				1																		
N U M B E R	10									Kb	Kb	Kb	Kb	Kb	Kb	Kb	T				10	N U M B E R																	
	9									T	Kb	Kb	Kb	Kb	Kb	Kb	Kb				9																		
	8										Kb	Kb	Kb	Kb	Kb	Kb	Kb	T					8																
	7											T	Kb	Kb	Kb	Kb	Kb	Kb					7																
	6												Kb	Kb	Kb	Kb	Kb	Kb	T					6															
	5													T	Kb	Kb	Kb	Kb	Kb					5															
	4														Kb	Kb	Kb	Kb	Kb	T				4															
	3															T	Kb	Kb	Kb	Kb					3														
	2																Kb	Kb	Kb	Kb	Kb		T		2														
	1																T	Kb	Kb	Kb	Kb		Kb	Kb	1														
		1	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18																		
		19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	36																		
		P E G N U M B E R																																					

Key	
#	Heel & Turn Heel Peg Number*
#	Toe & Turn Toe Peg Number*
#	Row Number
T	Tie Method coloring peg to tie
Kb	Knit tbl stitch
K2	K2tog & K2tog tbl stitches
SI	Slip with yarn in back stitch

\* Gusset Sole = Pegs 1-18, the same as Heel & Turn Heel  
 Gusset Instep = Pegs 19-36, the same as Toe & Turn Toe

The top row of the Chart is the Gusset; a white line separates the Heel/Toe from the Turn Heel/Turn Toe.