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Top Down Sock Pattern

Standard & Ankle Length — Knit Stitch

Décor Accents, Inc. Sock Loom EFG 5"

This pattern is written for a standard length sock with changes for ankle length in parentheses. When only one number is given, it applies to both lengths. If you are not familiar with reading knitting patterns or charts, please see <u>Reading Pattern & Charts</u>.

Tips

- ◆ Place a stitch marker on every 4th stitch starting with the first stitch (1, 5, 9, 13, etc.). This will help you keep track of where you are in the stitch pattern and will also help you split the stitches for working the heel and toe. If possible, use the same color stitch markers for the first half of the loom and a different color for the last half. This will help you differentiate between heel and toe.
- Use a row counter. There are many different kinds of row counters available, all of which are inexpensive. The cheapest is using pencil and paper.
- Any <u>stitch pattern</u> that has the following number of stitch repeats can be used as the main stitch pattern: 2, 3, 4, 6, 9, and 12, 18. If your stitch pattern has more than one row, make sure you divide the number of total rows where the stitch pattern is to be placed (cuff, leg & ankle and instep of foot) by the number of rows in the stitch pattern to determine placement. Use a single stitch stitch pattern such as <u>St st</u> for the heel, turn heel, sole of foot, toe and turn toe. If you use a difference stitch pattern than specified in the pattern information below, remember to adjust for the <u>gauge difference</u>. For more information on stitch patterns, see <u>Notes</u>.
- If you aren't keeping a Knitting Journal, start! It will help you keep track of where you are in patterns, issues you have dealt with and how, gauges for yarn/loom combinations, yarn substitution information and anything else you think will help you on your knitting journey.

FASY

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All links bring you to an explanation on Loom Knitting Help.

Pattern Information

Style: Top Down (Cuff to Toe) Length: (Ankle) Standard

<u>Gauge</u>: 8 stitches, 12 rows per inch using <u>St st</u> Loom: <u>Décor Accents, Inc.</u> EFG Sock Loom 5"

Yarn: Sock weight yarn

Estimated Yardage: (168) 198 yards Stitch Pattern: <u>St st</u> using the <u>knit stitch</u>.

Short Row Method to avoid holes: Catch, Over and Tie (Wrap) method: Mix or match

Abbreviations Used

| BOR | Beginning of Row | rnds | Rounds | St s | st Stockinette Stitch |
|-----|------------------|---------|-----------------|------|-----------------------|
| K | Knit | SI | Slip | tbl | Through the Back Loop |
| Р | Purl | SSK | Slip Slip Knit | tog | Together |
| R | Row | st, sts | Stitch, Stiches | YO | Yarn Over |

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Cast-on

Cast on 36 sts loosely.

Cuff

Work cuff in St st for 12 rnds. [1"] End at BOR.

Leg

Work in leg St st for (18) 54 rnds. [(2.5") 5.5" from cast-on edge] End at BOR.

Ankle Section

Work 8 rnds even in St st pattern. End at BOR.

Heel, Turn Heel & Gusset

Choose one of the Heels, Turn Heels and Gussets below. Whichever method chosen to avoid holes must match between the three.

Heel using Catch Method

Work <u>short rows</u> in <u>St st</u>. There is a <u>chart</u> in <u>Notes</u> to follow and pegs are noted below to help you keep track.

```
R1: <u>K</u>18, turn. (Pegs 1-18)
R2: <u>Sl</u> 1, <u>K</u>17, turn. (Pegs 18-1)
R3: <u>Sl</u> 1, <u>K</u>16, turn. (Pegs 1-17)
R4: <u>Sl</u> 1, <u>K</u>15, turn. (Pegs 17-2)
R5: <u>Sl</u> 1, <u>K</u>14, turn. (Pegs 2-16)
R6: <u>Sl</u> 1, <u>K</u>13, turn. (Pegs 16-3)
```

R7: <u>Sl</u> 1, <u>K</u>12, turn. (Pegs 3-15) R8: Sl 1, K11, turn. (Pegs 15-4)

R9: SI 1, K10, turn. (Pegs 4-14)

R10: <u>SI</u> 1, <u>K</u>9, turn. (Pegs 14-5)

Turn Heel using Catch Method

Continue working in <u>St st</u> and use the <u>Catch method</u> to <u>avoid holes</u>. There is a <u>chart</u> in <u>Notes</u> to follow and pegs are noted below to help you keep track.

```
R1: Sl 1, K7, Catch, turn. (Pegs 5-13, Catch at peg 13 tog with peg 14)
R2: Sl 1, K6, Catch, turn. (Pegs 13-6, Catch at peg 6 tog with peg 5)
R3: Sl 1, K7, Catch, turn. (Pegs 6-14, Catch at peg 14 tog with peg 15)
R4: Sl 1, K8, Catch, turn. (Pegs 14-5, Catch at peg 5 tog with peg 4)
R5: Sl 1, K9, Catch, turn. (Pegs 5-15, Catch at peg 15 tog with peg 16)
R6: Sl 1, K10, Catch, turn. (Pegs 15-4, Catch at peg 4 tog with peg 3)
R7: Sl 1, K11, Catch, turn. (Pegs 4-16, Catch at peg 16 tog with peg 17)
R8: Sl 1, K12, Catch, turn. (Pegs 16-3, Catch at peg 3 tog with peg 2)
R9: Sl 1, K13, Catch, turn. (Pegs 3-17, Catch at peg 17 tog with peg 18)
R10: Sl 1, K14, Catch, turn. (Pegs 17-2, Catch at peg 1 tog with peg 2)
R11: Sl 1, K15, Catch with last st (instead of next), turn. (Pegs 2-18, Catch at peg 18 tog with peg 17)
R12: Sl 1, K16, Catch with last st (instead of next), turn. (Pegs 18-1, Catch at peg 1 tog with peg 2)
```

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Gusset using Catch Method

Work in <u>St st</u> to the last heel st and then work a <u>Catch</u> at the last heel st (peg 18) tog with base of instep (peg 19). Work across the instep sts in <u>St st</u> to the last st and then work a <u>Catch</u> at the last instep st (peg 36) tog with base of first heel st (peg 1). [36 sts total] BOR.

Heel using Over Method

Work <u>short rows</u> in <u>St st</u>. The wrap from the <u>YO</u> always moves to the peg in the opposite direction you are working: if you work an odd row (R-L), move the wrap to the right; if you work an even row (L-R), move the wrap to the left. Some pegs have three wraps on them, others two. There is a <u>chart</u> in <u>Notes</u> to follow and pegs are noted below to help you keep track.

```
R1: K17, turn. (Pegs 1-17)
R2: YO, K16, turn. (Pegs 17-1)
R3: YO, K15, turn. (Pegs 1-16)
R4: YO, K14, turn. (Pegs 16-2)
R5: YO, K13, turn. (Pegs 2-15)
R6: YO, K12, turn. (Pegs 15-3)
R7: YO, K11, turn. (Pegs 3-14)
R8: YO, K10, turn. (Pegs 14-4)
R9: YO, K9, turn. (Pegs 4-13)
R10: YO, K8, turn. (Pegs 13-5)
```

Turn Heel using Over Method

Continue working in <u>St st</u> and use the <u>Over method</u> to <u>avoid holes</u>. This time you will pick up the wraps from the <u>YO</u> and work as noted. A K3tog is worked like a <u>K2tog</u> except with three wraps on the peg. There is a <u>chart</u> in <u>Notes</u> to follow and pegs are noted below to help you keep track.

```
R1: YO, K8, K2tog, turn. (Pegs 5-14)
R2: YO, K9, K2tog tbl, turn. (Pegs 14-4)
R3: YO, K10, K3tog, turn. (Pegs 4-15)
R4: YO, K11, K3tog tbl, turn. (Pegs 15-3)
R5: YO, K12, K3tog, turn. (Pegs 3-16)
R6: YO, K13, K3tog tbl, turn. (Pegs 16-2)
R7: YO, K14, K3tog, turn. (Pegs 2-17)
R8: YO, K15, K3tog tbl, turn. (Pegs 17-1)
R9: YO, K16, K3tog, turn. (Pegs 1-18)
R10: YO, K17, K3tog tbl, turn. (Pegs 18-36)
```

Gusset using Over Method

Work a <u>YO</u> and then in <u>St st</u> to the last heel st. <u>K2tog</u> at first instep stitch (peg 19) and then continue in <u>St st</u> until last instep stitch and work a <u>SSK</u> at last instep stitch (peg 36) with wrap from <u>YO</u>. [36 sts total] BOR.

Heel using Tie (Wrap) Method

Continue working in <u>St st</u> and use the <u>Tie (Wrap) method</u>, method 2 to <u>avoid holes</u> by tying (wrapping) the peg next to the last stitch knit. There is a <u>chart</u> in <u>Notes</u> to follow and pegs are noted below to help you keep track.

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```
R1: <u>K</u>16, <u>Tie</u> next st, turn. (Pegs 1-16, <u>Tie</u> peg 17)
R2: <u>K</u>14, <u>Tie</u> next st, turn. (Pegs 16-3, <u>Tie</u> peg 2)
R3: <u>K</u>13, <u>Tie</u> next st, turn. (Pegs 3-15, <u>Tie</u> peg 16)
R4: K12, Tie next st, turn. (Pegs 15-4, Tie peg 3)
R5: K11, Tie next st, turn. (Pegs 4-14, Tie peg 15)
R6: K10, Tie next st, turn. (Pegs 14-5, Tie peg 4)
R7: <u>K</u>9, <u>Tie</u> next st, turn. (Pegs 5-13, <u>Tie</u> peg 14)
R8: K8, Tie next st, turn. (Pegs 13-6, Tie peg 5)
R9: K7, Tie next st, turn. (Pegs 6-12, Tie peg 13)
R10: <u>K</u>6, <u>Tie</u> next st, turn. (Pegs 12-7, <u>Tie</u> peg 6)
Turn Heel using Tie (Wrap) Method
Continue working in St st and pick up the Ties worked in the heel by working a K2tog or K2tog
tbl. There is a chart in Notes to follow and pegs are noted below to help you keep track.
R1: K6, K2tog with Tie, turn. (Pegs 7-13)
R2: <u>SI</u> 1, <u>K6</u>, <u>K2tog tbl</u> with <u>Tie</u>, turn. (Pegs 13-6)
R3: <u>SI</u> 1, <u>K7</u>, <u>K2toq</u> with <u>Tie</u>, turn. (Pegs 6-14)
R4: <u>SI</u> 1, <u>K8</u>, <u>K2tog tbl</u> with <u>Tie</u>, turn. (Pegs 14-5)
R5: SI 1, K9, K2tog with Tie, turn. (Pegs 5-15)
R6: SI 1, K10, K2tog tbl with Tie, turn. (Pegs 15-4)
R7: <u>SI</u> 1, <u>K</u>11, <u>K2toq</u> with <u>Tie</u>, turn. (Pegs 4-16)
R8: <u>SI</u> 1, <u>K</u>12, <u>K2tog tbl</u> with <u>Tie</u>, turn. (Pegs 16-3)
R9: <u>SI</u> 1, <u>K</u>13, <u>K2tog</u> with <u>Tie</u>, turn. (Pegs 3-17)
R10: SI 1, K14, K2tog tbl with Tie, turn. (Pegs 17-32)
Gusset using Tie (Wrap) Method
Work a Slip (peg 2) and then in St st through the last instep st (peg 36). [35 sts total] BOR.
```

Foot

Continue working in rnds in St st until the foot measures 8.125'' ($8\frac{1}{8}$ '') from base of heel. Complete the sts on bottom of the foot. Stop.

Toe & Turn Toe

Choose one of the Toes and Turn Toes below. Whichever method chosen to avoid holes must match between the two however it does not have to match the method chosen for the Heel, Turn Heel and Gusset.

Toe using Catch Method

The toe and turn toe are shaped the same way as the heel and turn heel: short rows in St st except it is worked over the last 18 sts instead of the first. There is a chart in Notes to follow and pegs are noted below to help you keep track.

```
The sole remains at rest. Work the instep sts only. [18 sts: pegs 19-36] R1: K18, turn. (Pegs 19-36)
```

```
R2: SI 1, K17, turn. (Pegs 36-19)
```

R3: <u>SI</u> 1, <u>K</u>16, turn. (Pegs 19-35)

R4: <u>SI</u> 1, <u>K</u>15, turn. (Pegs 35-20) R5: <u>SI</u> 1, <u>K</u>14, turn. (Pegs 20-34)

Questions or Comments? E-mail Rebecca Novelli.

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```
R6: SI 1, K13, turn. (Pegs 34-21)
R7: SI 1, K12, turn. (Pegs 21-33)
R8: SI 1, K11, turn. (Pegs 33-22)
R9: <u>SI</u> 1, <u>K</u>10, turn. (Pegs 22-32)
R10: Sl 1, K9, turn. (Pegs 32-23)
Turn Toe using Catch Method
There is a chart in Notes to follow and pegs are noted below to help you keep track.
R1: SI 1, K7, Catch, turn. (Pegs 23-31, Catch at peg 31 tog with peg 32)
R2: Sl 1, K6, Catch, turn. (Pegs 31-24, Catch at peg 24 tog with peg 23)
R3: <u>SI</u> 1, <u>K</u>7, <u>Catch</u>, turn. (Pegs 24-32, <u>Catch</u> at peg 32 tog with peg 33)
R4: SI 1, K8, Catch, turn. (Pegs 32-23, Catch at peg 25 tog with peg 24)
R5: SI 1, K9, Catch, turn. (Pegs 23-33, Catch at peg 34 tog with peg 35)
R6: SI 1, K10, Catch, turn. (Pegs 33-22, Catch at peg 22 tog with peg 21)
R7: SI 1, K11, Catch, turn. (Pegs 22-34, Catch at peg 34 tog with peg 35)
R8: SI 1, K12, Catch, turn. (Pegs 34-21, Catch at peg 21 tog with peg 20)
R9: SI 1, K13, Catch, turn. (Pegs 21-35, Catch at peg 35 tog with peg 36)
R10: SI 1, K14, Catch, turn. (Pegs 35-20, Catch at peg 20 tog with peg 19)
R11: SI 1, K15, Catch with last st (instead of next), turn. (Pegs 20-36, Catch at peg 36 tog with peg 35)
R12: SI 1, K16, Catch with last st (instead of next), turn. (Pegs 36-19, Catch at peg 19 tog with peg 20)
```

Toe using Over Method

The toe and turn toe are shaped the same way as the heel and turn heel: short rows in St st except it is worked over the last 18 sts instead of the first. There is a chart in Notes to follow and pegs are noted below to help you keep track.

```
The sole remains at rest. Work the instep sts only. [18 sts: pegs 19-36]
```

```
R1: <u>K</u>17, turn. (Pegs 19-35)
R2: <u>YO</u>, <u>K</u>16, turn. (Pegs 35-19)
R3: <u>YO</u>, <u>K</u>15, turn. (Pegs 19-34)
```

R3: <u>YO</u>, <u>K</u>15, turn. (Pegs 19-34) R4: <u>YO</u>, <u>K</u>14, turn. (Pegs 34-20)

R5: <u>YO</u>, <u>K</u>13, turn. (Pegs 20-33)

R6: <u>YO</u>, <u>K</u>12, turn. (Pegs 33-21) R7: <u>YO</u>, <u>K</u>11, turn. (Pegs 21-32)

R8: YO, K10, turn. (Pegs 32-22)

R9: <u>YO</u>, <u>K</u>9, turn. (Pegs 22-31)

R10: <u>YO</u>, <u>K</u>8, turn. (Pegs 31-23)

Turn Toe using Over Method

There is a chart in Notes to follow and pegs are noted below to help you keep track.

```
R1: YO, K8, K2tog, turn. (Pegs 23-32)
R2: YO, K9, K2tog tbl, turn. (Pegs 32-22)
R3: YO, K10, K3tog, turn. (Pegs 22-33)
R4: YO, K11, K3tog tbl, turn. (Pegs 33-21)
R5: YO, K12, K3tog, turn. (Pegs 21-34)
R6: YO, K13, K3tog tbl, turn. (Pegs 34-20)
R7: YO, K14, K3tog, turn. (Pegs 20-35)
```

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```
R8: YO, K15, K3tog tbl, turn. (Pegs 35-19)
R9: <u>YO</u>, <u>K</u>16, K3tog, turn. (Pegs 19-36)
R10: <u>YO</u>, <u>K</u>17, K3tog tbl, turn. (Pegs 36-18)
```

```
Toe using Tie (Wrap) Method
```

The toe and turn toe are shaped the same way as the heel and turn heel: short rows in St st except it is worked over the last 18 sts instead of the first. There is a chart in Notes to follow and

```
pegs are noted below to help you keep track.
The sole remains at rest. Work the instep sts only. [18 sts: pegs 19-36]
R1: K16, Tie next st, turn. (Pegs 19-34, Tie peg 35)
R2: K14, Tie next st, turn. (Pegs 34-21, Tie peg 20)
R3: K13, Tie next st, turn. (Pegs 21-33, Tie peg 34)
R4: K12, Tie next st, turn. (Pegs 33-22, Tie peg 21)
R5: <u>K</u>11, <u>Tie</u> next st, turn. (Pegs 22-32, <u>Tie</u> peg 33)
R6: K10, Tie next st, turn. (Pegs 32-23, Tie peg 22)
R7: K9, Tie next st, turn. (Pegs 23-31, Tie peg 32)
R8: <u>K</u>8, <u>Tie</u> next st, turn. (Pegs 31-24, <u>Tie</u> peg 23)
R9: <u>K7</u>, <u>Tie</u> next st, turn. (Pegs 24-30, <u>Tie</u> peg 31)
R10: <u>K</u>6, <u>Tie</u> next st, turn. (Pegs 30-25, <u>Tie</u> peg 24)
Turn Toe using Tie (Wrap) Method
There is a chart in Notes to follow and pegs are noted below to help you keep track.
R1: <u>K6</u>, <u>K2toq</u> with <u>Tie</u>, turn. (Pegs 25-31)
R2: <u>SI</u> 1, <u>K6</u>, <u>K2tog tbl</u> with <u>Tie</u>, turn. (Pegs 31-24)
R3: SI 1, K7, K2tog with Tie, turn. (Pegs 24-32)
R4: <u>SI</u> 1, <u>K8</u>, <u>K2tog tbl</u> with <u>Tie</u>, turn. (Pegs 32-23)
R5: <u>SI</u> 1, <u>K</u>9, <u>K2toq</u> with <u>Tie</u>, turn. (Pegs 23-33)
R6: <u>SI</u> 1, <u>K10</u>, <u>K2tog tbl</u> with <u>Tie</u>, turn. (Pegs 33-22)
R7: SI 1, K11, K2tog with Tie, turn. (Pegs 22-34)
R8: SI 1, K12, K2tog tbl with Tie, turn. (Pegs 34-21)
R9: <u>SI</u> 1, <u>K</u>13, <u>K2toq</u> with <u>Tie</u>, turn. (Pegs 21-35)
R10: SI 1, K14, K2tog tbl with Tie, turn. (Pegs 35-20)
```

Finishing

Bind off using the **Graft bind-off**, Kitchener method. Weave in ends.

Work second sock.

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Notes

Other Stitch Patterns

The following are tips for working stitch patterns in rnds in each section. If you change the stitch pattern, be sure to check the gauge and change the pattern accordingly.

- Cuff, Leg, Ankle: The entire rnd can be worked in a different stitch pattern, e.g., Single Rib st, Double Rib st, Moss st, Purl Ridges st, and Seed st. If you choose a stitch pattern that is made up of more than one row, remember to determine placement. It's not unusual to choose Single Rib st or Double Rib st for the cuff and a more elaborate stitch pattern for the leg and ankle.
- ♦ Heel & Turn Heel: Comfort is of greatest importance here so work in a single stitch stitch pattern such as St st.
- ♦ Gusset: Comfort is of greatest importance for the sole so work sole in single stitch stitch pattern such as St st to the last heel st. [36 sts total] BOR.
 - Catch: Work a Catch at the last heel st (peg 18) tog with base of the instep (peg 19). Work across the instep sts in the desired stitch pattern, such as those noted above. If this pattern has more than one row, pick up where the ankle left off. Then work a Catch at the last instep st (peg 36) tog with the base of the first heel st (peg 1). The last Catch may need to be worked as P or another stitch depending upon stitch pattern chosen.
 - ◆ Over: The first instep stitch (peg 19) works two wraps together. This may need to be worked as a P depending upon the desired stitch pattern, such as those noted above. If this pattern has more than one row, pick up where the ankle left off. Work across the instep sts in this stitch pattern through the second to last st. Then work a SSK or SSP at the last instep st (peg 36), depending upon the stitch pattern.
 - Tie (Wrap): The instep can be worked in the desired stitch pattern. If this pattern has more than one row, pick up where the ankle left off.
- Foot: As with gusset, comfort is of greatest importance in the sole so continue working in rnds in the following pattern (Sts 1-18 single stitch stitch pattern such as St st; Sts 19-36 desired stitch pattern such as those noted above) until the foot measures 8.125″ from base of heel. Complete the sts on bottom of foot. Stop.
- Toe & Turn Toe: Work in the same manner as Heel & Turn Heel.

Chart

For information on how to read charts, see <u>Reading Charts & Patterns</u>. The chart on the following page is for the heel, turn heel, toe and turn toe as well as the gusset. Regardless of what stitch pattern you choose to use for this pattern, the heel, turn heel, toe and turn toe will stay this same for this loom if a <u>Catch</u> is worked to avoid holes. These sections will be different if a <u>Tie</u> or <u>Over</u> is chosen instead. Please see appropriate patterns for those methods. As noted above in the <u>Gusset</u> bullet point, the sole stitches will remain the same but the instep may change. The heel, turn heel, and gusset must use the same method to avoid holes as must the toe and turn toe but you may mix and match the methods between heel, turn heel & gusset and the toe and turn toe sections.

Other Patterns

Please see DA EFG 5 for more patterns for this loom. Patterns for other looms are available at Free Sock Patterns.

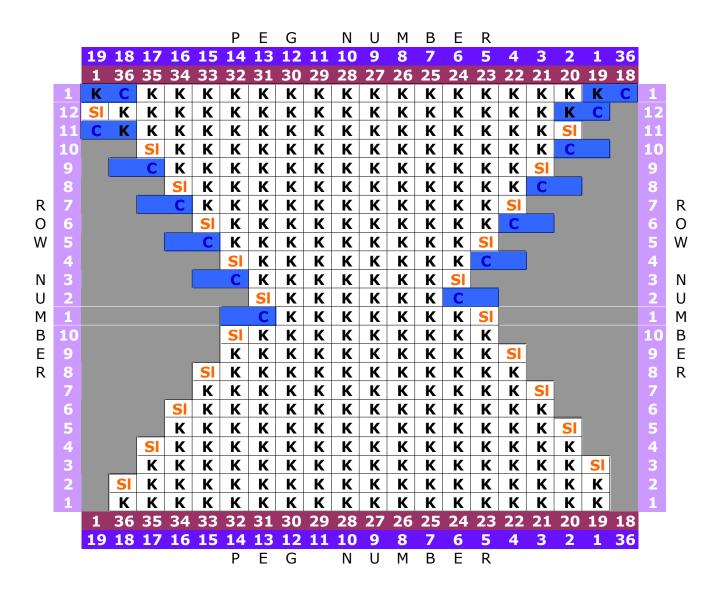
Feedback & Requests

Are welcome! Please contact Loom Knitting Help.

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Catch Chart

The chart below is for the heel, turn heel, toe, and turn toe. For information on how to read charts, see Reading Charts & Patterns.



Key

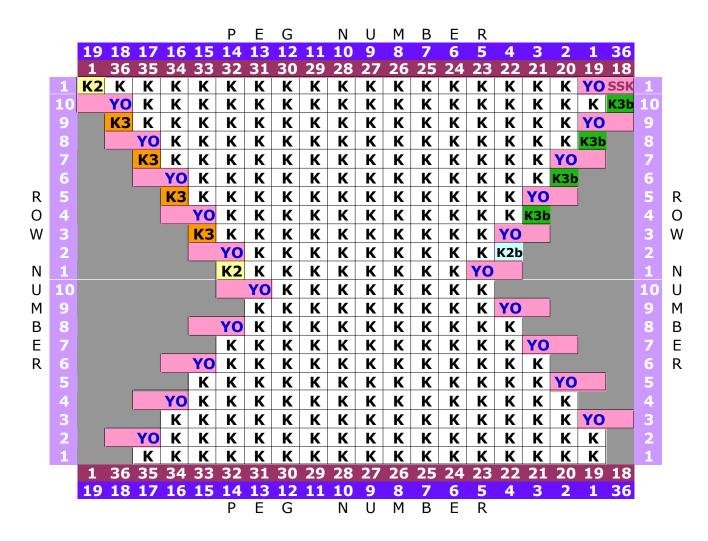
- # Heel & Turn Heel Peg Number*
 # Toe & Turn Toe Peg Number*
- # Row Number
- Catch Method coloring peg to take wrap from
 - K Knit stitch
 - SI Slip with yarn in back stitch
- Gusset Sole = Pegs 1-18, the same as Heel & Turn Heel Gusset Instep = Pegs 19-36, the same as Toe & Turn Toe

The top row of the Chart is the Gusset; a white line separates the Heel/Toe from the Turn Heel/Turn Toe.

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Over Chart

The chart below is for the heel, turn heel, toe, and turn toe. For information on how to read charts, see <u>Reading Charts & Patterns</u>.



Key

Heel & Turn Heel Peg Number*
Toe & Turn Toe Peg Number*
Row Number

YO Over Method coloring peg to place wrap on

K Knit stitch

K2 K2b K2tog & K2tog tbl
K3 K3b K3tog & K3tog tbl
SSK Slip Slip Knit

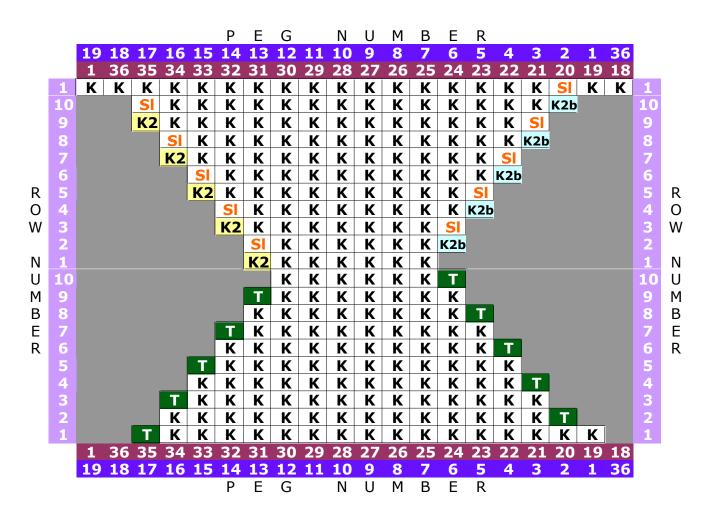
 Gusset Sole = Pegs 1-18, the same as Heel & Turn Heel Gusset Instep = Pegs 19-36, the same as Toe & Turn Toe

The top row of the Chart is the Gusset; a white line separates the Heel/Toe from the Turn Heel/Turn Toe.

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Tie (Wrap) Chart

The chart below is for the heel, turn heel, toe, and turn toe. For information on how to read charts, see Reading Charts & Patterns.



Key

- # Heel & Turn Heel Peg Number*
 # Toe & Turn Toe Peg Number*
 # Row Number
- T Tie Method coloring peg to tie
 K Knit stitch
- K2 K2b K2tog & K2tog tbl
- SI Slip with yarn in back stitch
- Gusset Sole = Pegs 1-18, the same as Heel & Turn Heel Gusset Instep = Pegs 19-36, the same as Toe & Turn Toe

The top row of the Chart is the Gusset; a white line separates the Heel/Toe from the Turn Heel/Turn Toe.